

The Morris Educational Foundation, in partnership with the  
Morris School District's Office of the Superintendent, is proud to present



*Technology is a tool. But...  
Are we addicted? How do we stop? Where do we start?*

The goal for this film is to inspire people of all ages, especially kids, to self-regulate. As technology continues to progress, and children are exposed at even earlier ages, education and discussion are critical to understanding how it affects us and how we can manage it going forward.

[Watch the Trailer](#) & [Find out more about the Film](#)

Special introduction by Superintendent Mackey Pendergrast

**Tuesday, April 30<sup>th</sup>, 7:00 – 9:00 pm**  
**Frelinghuysen Middle School Auditorium**

**Please join us for a discussion immediately following the film with these specially selected panelists:**

- [Dr. Michael Osit](#) – Psychologist, author, & expert on the psychological effects of technology on youth
- [Matthew Krayton](#) - Adjunct Professor, Centenary University's Social Media Center of Expertise
- [Erica Hartman](#) - MSD Director of Technology Integration
- [MHS Student & FMS Student](#)

Moderated by: [Debora Engelfried](#), MSD Supervisor of Social Emotional Learning & Information Mgmt.



This program is appropriate for ALL parents  
Students 10+ are welcome and encouraged to attend

[Please Register Here](#)

Register & attend for a chance to win a book on this topic

