

A Note from the School Nurses:

Physical forms and Immunization records are **required by the start of school for all NEW students and all students entering Kindergarten**. We highly recommend that updated physical forms be submitted annually for ALL students.

For Student Athletes: Any student participating in a school sport must have a current physical on file before the start of the season. Physical forms are considered current for 365 calendar days from the physical exam date. In addition, a Health History Update form must be submitted if the current physical exam date was over 90 days before the start of the season.

For Students entering 6th Grade: Any student entering 6th grade must submit an updated immunization record including their 11 year old Tdap and Meningitis vaccinations.

For PreK3 & PreK4 Students: All Preschool students must receive a Flu vaccine before school closes for Christmas break in December. Please submit proof of their flu vaccine as soon as they have received it.

Note: All medical forms can be found on the School website under Parents, Forms, Medical.

Any questions, please reach out to the school nurses.

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Links to Medical Forms:

- 1) Annual Physical Form for Athletes
[Preparticipation Physical Evaluation History Form \(assumptionnj.org\)](#)
- 2) Non-Athlete Physical Form (Primarily for PreK & Kindergarten)
[Physical-Examination-preK-8-non-athlete.pdf \(assumptionnj.org\)](#)
- 3) Medication form for Over-the-counter or Prescription Medication
[Mandatory-Medication-Form-2023-24.pdf \(assumptionnj.org\)](#)
- 4) Self-Administration Medication Form
[Physician-Parent-Certification-for-Students-Self-Administration-of-Medicine-2023-24.pdf \(assumptionnj.org\)](#)
- 5) Asthma Forms
[Asthma-Action-Plan-2023-24.pdf \(assumptionnj.org\)](#)
[Asthma-Action-Plan_Know-Your-Triggers-2023-24.pdf \(assumptionnj.org\)](#)
- 6) Food Allergy / Epi-pen Forms
[Food-Allergy-Anaphylaxis-Emergency-Care-Plan-SIGNATURE-MEMO.pdf \(assumptionnj.org\)](#)
[Food-Allergy-Anaphylaxis_Emergency-Care-Plan-FARE-FORM-2022-23.pdf \(assumptionnj.org\)](#)
- 7) Permission to Share Form
[Permission-to-Share-Information-2023-24.pdf \(assumptionnj.org\)](#)
- 8) Concussion Form
[Sports-Related Concussion and Head Injury Fact Sheet and Parent/Guardian Acknowledgement Form \(assumptionnj.org\)](#)
- 9) Sudden Cardiac Death Form
[Sudden Cardiac Death Pamphlet Sign-Off Sheet \(assumptionnj.org\)](#)
[Sudden Cardiac Death in Young Athletes \(assumptionnj.org\)](#)
- 10) Opioid Form
[Opioid-Sign-off-Form.pdf \(assumptionnj.org\)](#)